

E-Mail Newsletter

February 26, 2021

19th Edition

Welcome to the 19th edition of our newsletter. Here you will find updates from the team and any up to date Covid related information we have. We hope this will be helpful for you and we welcome your thoughts and feedback. You can continue to contact us on our details listed below.

We would like to thank you for working with us during these difficult times to keep you safe and well.

Updates for this month:

PPE – The team would like to continue to remind all teams that correct use of PPE is essential, especially during these worrying times of Covid-19 and increasing numbers of Covid-19 cases in the region.

If your team complete any aerosol generated procedures they must wear specially fitted masks, if you haven't been tested for these please contact Partner2Care so we can arrange for this to be completed.

Recommended PPE for when caring for someone is:

- ☐ Fluid repellent facemask (standard surgical masks)
- ☐ Apron
- ☐ Gloves

In addition to this if you are completing AGP's you will need:

- ☐ FFP3 respirator masks or FFP2 masks are an acceptable alternative if FFP3 masks are unavailable
- ☐ Long sleeved disposable gown
- ☐ Eye protection (disposable goggles or full-face visor)

Here are some guides on using PPE:

The putting on and taking off of PPE is named 'Donning and Doffing' Recommended video and guide resources on the correct donning and doffing of PPE can be found on the links below:

https://www.youtube.com/watch?v=GncQ_ed-9w&feature=youtu.be
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874328/PHE_COVID-19_Donning_quick_guide.pdf

For healthcare workers delivering or assisting with an aerosol generating procedures

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/878750/T2_poster_Recommended_PPE_for_primary_outpatient_community_and_social_care_by_setting.pdf

Updates continued:

Covid Vaccine – We are aware that PA's can now receive the Covid vaccine. Most of you should of received a letter from us for you to give to your GP to show proof of carer's role so they could book you in for your vaccine if you so wish to receive it. If you haven't received this letter or are still having problems in getting the vaccine please let us know and we try our best to help.

Useful links –

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-for-people-receiving-direct-payments/coronavirus-covid-19-qa-for-people-receiving-a-personal-budget-or-personal-health-budget>

Mental health and Wellbeing support

The AWP Mental health 24/7 telephone response line is 0300 3031320 – more information [here](#).



Free online courses to help people living in the South West to cope with life in 'lockdown'

Managing long-term physical or mental illness can be stressful, tiring and incredibly lonely at the best of times, but now more than ever.

On this free, 6 week online course you can meet others in the same situation, learn how to cope better, feel more in control and be more resilient.



The courses start every month from **2nd February 2021**. You can complete the course at your own pace, with support from trained facilitators.

NHS

Places are limited! First course starting 2nd February 2021
Find out more or sign up today at <http://bit.ly/HOPESW>



The Hope Programme was developed by University of Exeter and is delivered under contract from Hope For The Community CIC.